The goals of CIRCLES II were to improve COPD self-management and encourage and facilitate effective communication between the patient and their health care team.

RECRUITMENT
CIRCLES II Participation Included 400 Individuals with COPD Across 12 States

- Alabama
- Indiana
- Kansas
- Michigan (5)
- Minnesota (2)
- Mississippi
- North Carolina (3)
- North Dakota
- Ohio
- Oklahoma
- South Carolina
- West Virginia (2)

AFTER PARTICIPATING IN CIRCLES:

- Nearly 80% of the providers reported an increase in the frequency and quality of patient interactions and education.
- 95% of the participants reported an improvement in communication with their health care team.
- 96% of the participants reported an increased confidence in their COPD self-management.

HERE'S WHAT THE PROVIDERS SAID ABOUT CIRCLES:

“Thank you for providing this program for us. Our rural patients really appreciated it. The book was very helpful for family members helping to support and care for them.”

“Family members seemed happy to have the book as a reference. It does help initiate conversation.”

“CIRCLES is a great complement to our pulmonary rehab program and home COPD Education program. I would love it if it could continue!”

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