WHY GET SCREENED?

WHAT IS COPD?

As many as 24 million Americans may have chronic obstructive pulmonary disease (COPD), yet half remain undiagnosed. Over time, COPD makes it harder and harder to breathe. Most people with COPD are not diagnosed until they have already lost half of their lung function, and by then it is often a struggle to participate in everyday activities.

The good news is that COPD can be managed to help you live and breathe easier, so take the five-question screener today to see if you may be at risk. If you score a five or more, you are at increased risk for the disease, so be sure to talk with your healthcare professional. The earlier you do, the better off you may be.

Find out if you are at risk by answering the five questions in this brochure or at

DRIVE4COPD.ORG/SCREENER

COPD is a serious lung disease that makes it harder and harder to breathe because less air is able to flow in and out of your lungs.

COPD includes chronic bronchitis, emphysema, or both.

COPD is more common than you think, especially among current and former smokers – even those who haven't smoked in years. It kills one person every four minutes in the U.S.

WHAT ARE THE SYMPTOMS?

COPD develops slowly and worsens over time. Many people wait to talk to a healthcare professional because its symptoms are often confused with normal signs of aging.

Common symptoms include:

- Coughing, with or without mucus/phlegm
- Shortness of breath
- Wheezing
- Chest tightness



ARE YOU AT RISK FOR COPD?

health movement embraced by leading health, business, entertainment and sports organizations that are aimed at driving fundamental change in COPD awareness in the United States.

Visit

DRIVE4COPD.ORG

to learn more about the campaign and to see how you can join the movement.







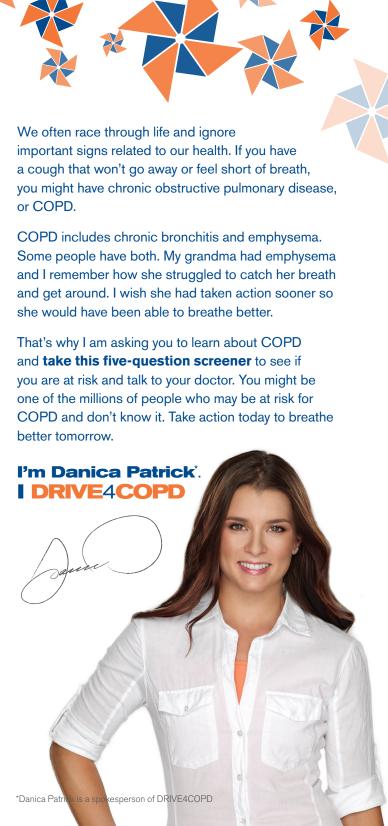


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the box that best describes your answer for each question below.

questions about you, your breathing and what you are able to do. To complete the survey, mark **Population** This survey asks

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	nucus or phleg
the time (1)	stuff," such as r
A little of the time [0]	2. Do you ever cough up any "stuff," such as mucus or phlegm?
None of the time (0)	Do you ever

Please select the answer that best describes you in the past 12 months. I do less than I used to because of my breathing problems. က

Strongly agree

Yes, every day

Yes, a few days a month

Only with occasional colds or chest infections

Agree (1)	ENTIRE LIFE?	
Unsure (0)	cigarettes in your	Don't know
Disagree (0)	Have you smoked at least 100 cigarettes in your ENTIRE LIFE?	Yes
Strongly disagree	4. Have you smo	%[

How old are you? Age 35 to 49

Age 70+

How to Score Your Screener: In the spaces below, write the number that is next to your answer for each of the questions. Add the number to get the total scor The total score can range from 0 to 10.



is your breathing problems may be sase (COPD). The higher your scor is often referred to as chronic bronch with your healthcare professional (HCP). If your total score is 5 or more, this means your

If your total score is between 0 and 4, and you are

Only your HCP can decide if you have COPD. Your HCP can help evaluate your breathing problems by performing a breathing test, also known as spirometry. Do wait. Call your HCP today to make an appointment to see if you may be at risk for ppointment to see if you may be at risk for your HCP, be honest and open in describ

Note to Healthcare Professional: The COPD Population Screener⁷ (COPD-PS[™]) is a validated tool designed to identify patients at risk for

- The COPD-PS" has and older
- The study's predictive value is 0.59 (AUC) with 88% of COPD cases correctly classified The five questions in the COPD-PS", culled from a 52-question initial survey, were found to be the most likely to predict COPD
 - A clinical diagnosis of COPD should be confirmed with spirometry
- Please visit DRIVE4COPD.ORG to learn more about this screener and its validation

- Score 5-10 High risk of COPD Score 0-4 Low risk of COPD