

Join us **Sat. Sept. 16** for the  
**11th annual Health Fair on:**  
Chronic Obstructive Pulmonary Disease  
Emphysema, Chronic Bronchitis & Chronic Asthma

[www.hawaiicopd.org](http://www.hawaiicopd.org)  
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Honolulu, Hawaii 96813  
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## COPD Education Day – 2017 –

Better Breathing:  
National COPD Action Plan!



Annual **FREE** health fair for:

**Emphysema**  
**Chronic Bronchitis**  
**Chronic Asthma**

**9am — 2pm**  
**Saturday, September 16, 2017**

**Queen's Conference Center**  
**1301 Punchbowl Street**

**Phone: 808-699-9839**

## AGENDA

Queen's Conference Center, Sat. 9/16

### FREE Demonstrations & Exhibits Include:

Pulmonary rehabilitation, medications, inhaler technique, mucus clearance, demos, lung screening and assessment tests, carbon monoxide testing, pulse oximetry, (genetic) Alpha-1 information, smoking cessation resources and counseling, clean air laws, research, door prizes and more! **FREE** refreshments and materials provided.

**No-cost hearing devices loaned on site.**

### Topic

### Speaker

9:00 **Registration, Refreshments, Demos & Exhibits**

10:15 **Welcome & Introduction**

Jackie Young, PhD

10:20 **Your Best Life with COPD**

Eric Crawley, MD

10:45 **Better Breathers Group Workout**

Josh Cordova, BS EXHPR

11:05 **Medications for Better Breathing**

Daniel Sabin, PharmD

11:30 **Breathing Tools—Use & Care**

KCC Resp. Therapy Team

11:50 **Eat to Breathe/Guest Topic**

Dietitian/Guest Speaker

12:10 **COPD and Leonard Nimoy**

Valerie Chang, JD

12:30 **National COPD Action Plan**

Valerie Chang, JD

12:50 **Additional Thoughts & Prize Drawings**

Jackie Young, PhD

1:00 **Refreshments, Demos & Exhibits Continue**

2:00 **Program Ends—Thanks for Coming! See Everyone Next Year!**

### Parking

**Public parking is very limited.**

Consider carpooling, getting dropped off, **HandiVan** or **TheBus** (848-5555).

Parking lots are \$3 Alii Place; \$5 for POB1 or POB2 or QMC valet with validation.

### Special Thanks

Mahalo for support from Queen's Medical Center, Kaiser Permanente, Hawaii Society for Respiratory Care, Kapiolani Community College Respiratory Therapy Program, HMSA, National Heart Lung Blood Institute of the National Institutes of Health, Sunovion, & our exhibitors including Accredo, American Lung Association in Hawaii, Grifols, Hawaii COPD Coalition, Hawaii Department of Health Tobacco Prevention and Education Program, Hill Rom, Queen's Medical Center Pulmonary, QCIPN, and STAT Medical, and Rehab Hospital of the Pacific. Thanks also to Hawaii Public Radio, HMSA's Island Scene magazine, and MidWeek.

## Welcome!

Our speakers will talk about COPD and how patients AND caregivers can live better and more active lives.

Topics include understanding your tools for better breathing, medications for living better with COPD, pulmonary rehabilitation and how it can improve your life, and a preview of the Leonard Nimoy COPD movie!

Exhibits include medicines, demonstrations, new mucous clearance equipment, the latest in new clean air laws, and the new Federal COPD Action plan and much more!

Chronic Obstructive Pulmonary Disease (COPD) is a systemic condition caused by airflow being trapped in the lung. It is mainly associated with emphysema, chronic bronchitis and chronic asthma.

Participate with others in demonstrations which include free screenings, assessments, and health handouts. Speak with healthcare professionals and visit exhibits.

For additional information, please visit us at [www.hawaiicopd.org](http://www.hawaiicopd.org).

**Space is limited, reserve your seat today!**

Aloha,

**Valerie Chang**

Valerie Chang, JD  
Program Chair

COPD Education Day 2017



## Speakers



Jackie Young



Eric Crawley



Daniel Sabin

### Valerie Chang, JD

Patient Advocate,  
Executive Director, Hawaii COPD Coalition

### Josh Cordova, BS EXHRR, NSCA-CPT

Instructor, Rehabilitation Hospital of the Pacific

### Eric Crawley, MD

Pulmonologist, Straub Clinic & Hospital

### Dietitian/Guest Speaker

### Kapiolani Respiratory Medical Team

Respiratory Therapy Students from KCC

### Daniel Sabin, PharmD

Managing Pharmacist, Longs Aina Haina

### Jackie Young, PhD

Former legislator & Chief Staff Officer for ACS Hawaii



Josh Cordova



UNIVERSITY of HAWAII\*  
**KAPI'OLANI**  
COMMUNITY COLLEGE

Respiratory Therapy Team

*The Hawaii COPD Coalition reserves the right to make program changes.*

## Registration

### FREE COPD Education Day 2017

Saturday, September 16, 2017, 9am-2pm

**Queen's Medical Center — Conference Center**

**No-cost hearing devices on-site**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (    ) \_\_\_\_\_

E-mail Address \_\_\_\_\_

How did you find out about this program?  
\_\_\_\_\_

Additional Guests:

Name \_\_\_\_\_

Ad-  
dress \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (    ) \_\_\_\_\_

E-mail Address \_\_\_\_\_

Mail to: **COPD Education Day Registration**  
**Hawaii COPD Coalition**  
700 Richards Street, Suite 2410  
Honolulu, HI 96813  
**or FAX to 521-1550**

Download brochure at [www.hawaiicopd.org](http://www.hawaiicopd.org)

**Space is limited. Register on-line or send registration via mail, e-mail or fax by September 1.** Late and walk-in registrations accepted as space permits. For more information, e-mail [valerie@hawaiicopd.org](mailto:valerie@hawaiicopd.org) or call Valerie Chang at Hawaii COPD Coalition at (808)699-9839.