**COPD in the United States: How is Your State Doing?**

**NEW MEXICO**

New Mexico has lower than average COPD prevalence, hospitalization and readmission rates but the death and overall smoking rates are higher than average. It has lower than average influenza and pneumonia vaccination rates for people with COPD.

**By the Numbers – COPD in New Mexico**

- 5.3% of adults have been diagnosed with COPD (prevalence)
- 92,600 adults have been diagnosed with COPD (incidence)
- 44.2 people out of every 100,000 die per year
- $167 million is the annual cost for treatment

**Vaccinations**

- 48.2% have had the flu shot
- 64.2% have had the pneumonia shot

**Hospitalizations**

- 1,567 Medicare hospitalizations
- $3,020 per Medicare beneficiary with COPD
- 20.4% 30-day COPD readmission rate

**COPD and Chronic Diseases**

Asthma, cardiovascular disease, depression and diabetes all have high prevalence rates in the COPD population, making earlier diagnosis, education and optimal treatment even more important.

**Higher Proportions of Women than Men have COPD**

- 5.8% of women have COPD
- 4.8% of men have COPD

**Individuals in New Mexico with incomes less than $15,000 are 2.8x more likely to have COPD than those with incomes greater than $50,000**

**A Look at COPD by State: 10 Key Metrics**

States grouped based on performance in 10 key areas, 5 being worst and 1 being best.

- 5: 4.5+ New Mexico, Florida, Texas, Georgia, Arizona
- 4: 3.5 - 4.4 New York, New Jersey, Nevada, Colorado, Pennsylvania
- 3: 2.5 - 3.4 Delaware, Maryland, Illinois, Michigan, Minnesota
- 2: 1.5 - 2.4 Massachusetts, Maine, Connecticut, New Hampshire, Rhode Island
- 1: 1.0 - 1.4 Vermont, West Virginia, West Virginia, Kansas, Arkansas

New Mexico has a lower burden of COPD but there is still room for improvement.

**Change starts with empowering individuals, families and the healthcare community to prevent the disease, diagnose it early and treat it appropriately.**

Find out more and get involved at [www.copdfoundation.org](http://www.copdfoundation.org).