A Look at COPD by State: 10 Key Metrics
States grouped based on performance in 10 key areas, 5 being worst and 1 being best.

North Carolina has a higher burden of COPD indicating there is significant room for improvement.

North Carolina has higher than average COPD prevalence, death and overall smoking rates but the hospitalization and readmission rates are lower than average. It has higher than average influenza and pneumonia vaccination rates for people with COPD.

Vaccinations

- 55.1% have had the flu shot
- 70.8% have had the pneumonia shot

By the Numbers – COPD in North Carolina

- 7.0% of adults have been diagnosed with COPD (prevalence)
- 584,800 adults have been diagnosed with COPD (incidence)
- 43.9 people out of every 100,000 die per year
- $1.04 billion is the annual cost for treatment

Higher Proportions of Women than Men have COPD

- 7.4% of women
- 6.5% of men

COPD and Chronic Diseases

- Asthma, cardiovascular disease, depression and diabetes all have high prevalence rates in the COPD population, making earlier diagnosis, education and optimal treatment even more important.

Individuals in North Carolina with incomes less than $15,000 are 5.0x more likely to have COPD than those with incomes greater than $50,000

Change starts with empowering individuals, families and the healthcare community to prevent the disease, diagnose it early and treat it appropriately. Find out more and get involved at www.copdfoundation.org.