By the Numbers – COPD in Minnesota

- 4.0% of adults have been diagnosed with COPD (prevalence)
- 186,100 adults have been diagnosed with COPD (incidence)
- 34.9 people out of every 100,000 die per year
- $629 million is the annual cost for treatment

MINNESOTA

Minnesota has an average burden of COPD but there is still significant room for improvement.

A Look at COPD by State: 10 Key Metrics
States grouped based on performance in 10 key areas, 5 being worst and 1 being best.

- 5
- 4
- 3
- 2
- 1

4.5+ 3.5 - <4.4 2.5 - <3.4 1.5 - <2.4 1 - <1.4

Minnesota has lower than average COPD prevalence, death, hospitalization and readmission rates and a higher than average overall smoking rate. It has a higher than average influenza vaccination rate and a lower than average pneumonia vaccination rate for people with COPD.

Higher Proportions of Women than Men have COPD

- 4.3% of women have COPD
- 3.7% of men have COPD

Vaccinations

- 58.7% have had the flu shot
- 64.9% have had the pneumonia shot

Hospitalizations

- 3,186 Medicare hospitalizations
- $3,140 per Medicare beneficiary
- 22.8% 30-day COPD readmission rate

COPD and Chronic Diseases

Asthma, cardiovascular disease, depression and diabetes all have high prevalence rates in the COPD population, making earlier diagnosis, education and optimal treatment even more important.

- Asthma
- Cardiovascular Disease
- Depression
- Diabetes

Individuals in Minnesota with incomes less than $15,000 are 5.0x more likely to have COPD than those with incomes greater than $50,000

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