A Look at COPD by State: 10 Key Metrics
States grouped based on performance in 10 key areas, 5 being worst and 1 being best.

- Higher Proportions of Women than Men have COPD
  - Women: 7.0%
  - Men: 6.6%

Vaccinations
- 46.8% have had the flu shot
- 65.8% have had the pneumonia shot

Hospitalizations
- 1,527 Medicare hospitalizations
- $3,330 per Medicare beneficiary with COPD
- 21.6% 30-day COPD readmission rate

COPD and Chronic Diseases
Asthma, cardiovascular disease, depression and diabetes all have high prevalence rates in the COPD population, making earlier diagnosis, education and optimal treatment even more important.

- Asthma
  - Maine: 55.8%
  - United States: 46.6%
- Cardiovascular Disease
  - Maine: 20.5%
  - United States: 17.0%
- Depression
  - Maine: 59.5%
  - United States: 44.0%
- Diabetes
  - Maine: 17.8%
  - United States: 15.0%

Individuals in Maine with incomes less than $15,000 are 7.9x more likely to have COPD than those with incomes greater than $50,000.

MAINE
Maine has higher than average COPD prevalence, death and overall smoking rates but the hospitalization and readmission rates are lower than average. It has lower than average influenza and pneumonia vaccination rates for people with COPD.