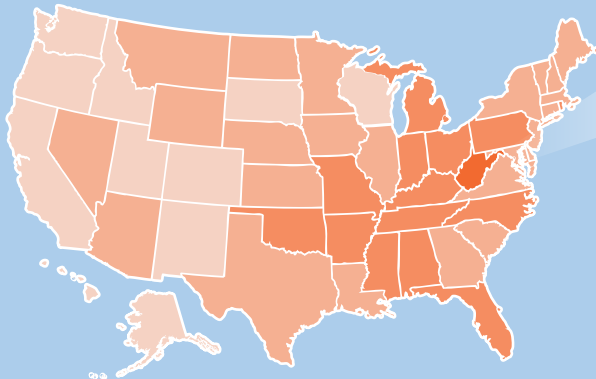


# COPD in the United States: *How is Your State Doing?*

## A Look at COPD by State: 10 Key Metrics<sup>1</sup>

States grouped based on performance in 10 key areas, 5 being worst and 1 being best.



Maryland has an average burden of COPD but there is still significant room for improvement.

# MARYLAND

Maryland has somewhat lower than average COPD prevalence, death, hospitalization and overall smoking rates but a higher than average readmission rate. It has a higher than average influenza vaccination rate and a lower than average pneumonia vaccination rate for people with COPD.

## By the Numbers – COPD in Maryland

**5.5%** of adults have been diagnosed with COPD (prevalence)<sup>2</sup>

**275,300** adults have been diagnosed with COPD (incidence)<sup>2</sup>

**28.6** people out of every 100,000 die per year<sup>3</sup>

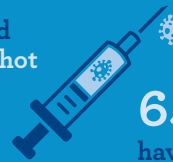
**\$595** million is the annual cost for treatment<sup>4</sup>

## Higher Proportions of Women than Men have COPD<sup>2</sup>



## Vaccinations<sup>5</sup>

**54.6%** have had the flu shot



**64.4%** have had the pneumonia shot

## Hospitalizations

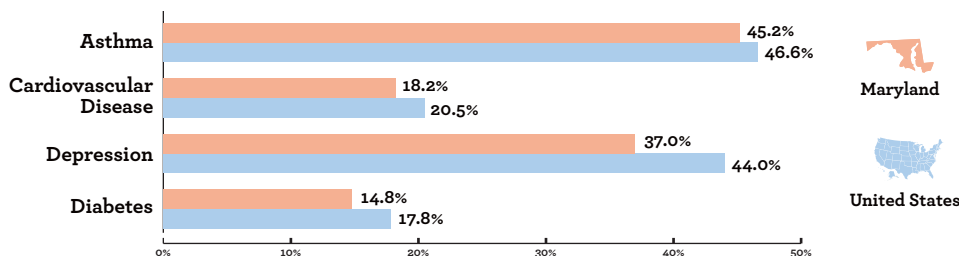
**6,100** Medicare hospitalizations<sup>5</sup>

**\$3,040** per Medicare beneficiary with COPD<sup>4</sup>

**24.3%** 30-day COPD readmission rate<sup>6</sup>

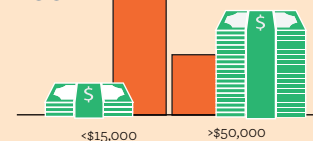
## COPD and Chronic Diseases

Asthma, cardiovascular disease, depression and diabetes all have high prevalence rates in the COPD population, making earlier diagnosis, education and optimal treatment even more important.<sup>2</sup>



## Individuals in Maryland with incomes less than \$15,000 are

**3.9x** more likely to have COPD than those with incomes greater than \$50,000<sup>2</sup>



Change starts with empowering individuals, families and the healthcare community to prevent the disease, diagnose it early and treat it appropriately. Find out more and get involved at [www.copdfoundation.org](http://www.copdfoundation.org).