COPD in the United States: How is Your State Doing?

A Look at COPD by State: 10 Key Metrics

States grouped based on performance in 10 key areas, 5 being worst and 1 being best.

<table>
<thead>
<tr>
<th>Rank</th>
<th>State Performance</th>
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<tbody>
<tr>
<td>5</td>
<td>4.5+</td>
</tr>
<tr>
<td>4</td>
<td>3.5 - &lt;4.4</td>
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<tr>
<td>3</td>
<td>2.5 - &lt;3.4</td>
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<tr>
<td>2</td>
<td>1.5 - &lt;2.4</td>
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<tr>
<td>1</td>
<td>1 - &lt;1.4</td>
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Massachusetts has an average burden of COPD but there is still significant room for improvement.

Massachusetts has lower than average COPD prevalence, death and overall smoking rates and higher than average hospitalization and readmission rates. It has a lower than average influenza vaccination rate and a higher than average pneumonia vaccination rate for people with COPD.

By the Numbers – COPD in Massachusetts

- 5.7% of adults have been diagnosed with COPD (prevalence)²
- 327,000 adults have been diagnosed with COPD (incidence)²
- 30.9 people out of every 100,000 die per year³
- $750 million is the annual cost for treatment⁴

Higher Proportions of Women than Men have COPD²

- 6.2% of women have COPD
- 5.1% of men have COPD

Vaccinations⁵

- 49.6% have had the flu shot
- 73.5% have had the pneumonia shot

Hospitalizations

- 8,517 Medicare hospitalizations⁵
- $3,260 per Medicare beneficiary with COPD⁴
- 25.1% 30-day COPD readmission rate⁶

COPD and Chronic Diseases

Asthma, cardiovascular disease, depression and diabetes all have high prevalence rates in the COPD population, making earlier diagnosis, education and optimal treatment even more important.²

- Massachusetts
- United States

Change starts with empowering individuals, families and the healthcare community to prevent the disease, diagnose it early and treat it appropriately. Find out more and get involved at www.copdfoundation.org.


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