COPD in the United States: How is Your State Doing?

IOWA

Iowa has lower than average COPD prevalence, hospitalization and readmission rates but the death and overall smoking rates are significantly higher than average. It has higher than average influenza and pneumonia vaccination rates for people with COPD.

By the Numbers – COPD in Iowa

- 5.2% of adults have been diagnosed with COPD (prevalence)
- 136,400 adults have been diagnosed with COPD (incidence)
- 46.7 people out of every 100,000 die per year
- $391 million is the annual cost for treatment

Higher Proportions of Women than Men have COPD

- 5.5% of women have COPD
- 4.9% of men have COPD

Vaccinations

- 55.4% have had the flu shot
- 73.0% have had the pneumonia shot

Hospitalizations

- 2,446 Medicare hospitalizations
- $3,320 per Medicare beneficiary with COPD
- 20.4% 30-day COPD readmission rate

COPD and Chronic Diseases

- Asthma, cardiovascular disease, depression and diabetes all have high prevalence rates in the COPD population, making earlier diagnosis, education and optimal treatment even more important.

- 6.6x more likely to have COPD than those with incomes greater than $50,000
- Individuals in Iowa with incomes less than $15,000 are 6.6x more likely to have COPD than those with incomes greater than $50,000

Individuals in Iowa with incomes less than $15,000 are 6.6x more likely to have COPD than those with incomes greater than $50,000.

Change starts with empowering individuals, families and the healthcare community to prevent the disease, diagnose it early and treat it appropriately. Find out more and get involved at www.copdfoundation.org.

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