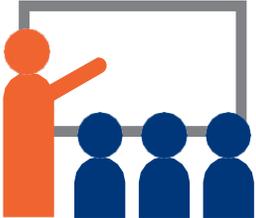


BECOME A COPD STATE CAPTAIN!

The State Captain Program is a national network of 100+ patients, caregivers, and healthcare professionals. Our State Captains are the heart of our community and help spread awareness about COPD in their local communities.

Here are some of the activities you can do as a State Captain—pick and choose which one you like best!

GUIDE RESEARCH 	EDUCATE 	BE THE VOICE 	CONNECT WITH HEALTHCARE PROFESSIONALS 	CONTRIBUTE 	SHARE YOUR STORY 
<p>Support the patient voice in all stages and types of research and assist in opportunities to help grow the COPD Patient Powered Research Network.</p>	<p>Serve as a representative for COPD by educating your community and connecting them to resources.</p>	<p>Create awareness by speaking up for COPD policy issues at the state and federal level.</p>	<p>Increase providers knowledge about COPD patient centered care while connecting them to COPDF community resources.</p>	<p>Contribute to COPDF's ability to meet unfunded needs by assisting in fundraising opportunities.</p>	<p>Tell the world about you and your experiences with COPD through blog postings, speaking opportunities, videos, and written features.</p>
<p>e.g.: Serve as a patient co-investigator on a study.</p>	<p>e.g.: Participate in a community health fair.</p>	<p>e.g.: Write to your elected officials about COPD issues in your state.</p>	<p>e.g.: Arrange presentations at local colleges for respiratory and nursing students.</p>	<p>e.g.: Organize a local fundraising event such as a community yard sale, or birthday campaign.</p>	<p>e.g.: Write a blog post for COPD Digest.</p>