The COPD Foundation and American Sleep Apnea Association want to know if an interactive online classroom will help people living with both COPD and obstructive sleep apnea (known as “Overlap Syndrome”) use their sleep apnea masks properly. Join the O2VERLAP study and reserve your seat in our virtual classroom today by visiting copdf.co/O2VERLAP.

**WHY JOIN?**

About 60% of individuals with both COPD and obstructive sleep apnea (Overlap Syndrome) are not using their continuous positive airway pressure (CPAP) mask as prescribed. This is dangerous because it creates an increased risk for flare-ups and hospitalizations.

**ARE YOU ELIGIBLE?**

- You must be at least 40 years old
- You must be an English speaker
- You must have been diagnosed with both COPD and obstructive sleep apnea.
- You must have a prescription for CPAP therapy
- You must have access to the internet (via PC or mobile device)
- You must have a CPAP device with wireless modem

For more information, please e-mail Elizabeth Benkert at ebenkert@copdfoundation.org or visit: copdf.co/O2VERLAP