# Are you living with COPD and Sleep Apnea?

You may qualify to participate in the O<sub>2</sub>VERLAP study's virtual classroom. Learn more now.

The COPD Foundation and American Sleep Apnea Association are partnering to bring you the O<sub>2</sub>VERLAP Study. The study will provide participants with peer support, a virtual classroom and feedback on CPAP device use.

Did you know that using your CPAP device as prescribed can increase your mobility and life span?

You may qualify to participate if...

- You have COPD and Sleep Apnea
- You are using a CPAP device during sleep
- Your CPAP device has a wireless modem

Participants may be compensated up to \$75.00 for their time.

### For more information:

Please call the study coordinator at 1-866-731-2673 ext. 210 or email O2VERLAP@copdfoundation.org Thank you!



## Do you know someone living with COPD and Sleep Apnea?

The COPD Foundation and American Sleep Apnea Association have partnered to develop a patient centered study called The O<sub>2</sub>VERLAP Study or "Monitoring and Peer Support to Improve Treatment Adherence and Outcomes in patients with Overlap Chronic Obstructive Pulmonary Disease and Sleep Apnea via a Large PCORnet Collaboration (O<sub>2</sub>VERLAP)".

The study will provide participants with peer support, a virtual classroom and feedback on how they are using their CPAP device through remote monitoring. The study intends to provide participants with information and peer support that is supplemental in nature and in no way replaces the guidance of their PCP or other healthcare providers. The study hopes to improve CPAP adherence and therefore improve the participants quality of life.

- Study activities are all done via telephone and online communications (i.e. all HIPAA compliant)
- Participation lasts about 90 days
- Participants may be compensated up to \$75.00 for their time.

#### Study eligibility criteria:

- You have COPD and Sleep Apnea
- You are using a CPAP device during sleep
- Your CPAP device has a wireless modem

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