



INTRODUCTION TO *BRIDGE: PATIENT TO INVESTIGATOR TRAINING*

First and Foremost...



- Patients and their caregivers have ***unique experiences*** that others can learn from—experiences that researchers may not have
- The patient and caregiver ***perspective*** is ***distinctive and important***
- Patients are ***experts*** on their ***own health***
- The patient/caregiver perspective **can** and **should be** a part of research studies

Purpose of Training

- Prepare people with COPD and their caregivers to be active members of the research team during all phases of research
- Train people with COPD and their caregivers to become research investigators
- Ensure that patients have an active role on studies
- Increase number of people, who have COPD, and their caregivers who are prepared to be research investigators on research teams



Learning Objectives

This training will:

- **Increase** your basic understanding of research
- **Review the skills** necessary to become a patient/caregiver investigator
- **Increase** your confidence to participate on research teams
- **Provide you with resources** you can continue to use
- **Prepare you** to help improve COPD research by adding the patient/caregiver voice

Knowledge
is
power!



How Will We Teach You?

We know that people learn in a variety of ways, so we have strived to include several different approaches to providing information in this training program.

We have included:

- Simple, straight-forward **explanations**
- **Videos** that both **introduce a section** or concept AND **further explain** an idea
- **Links to other resources**—articles, websites, additional online trainings etc., - that can give you the opportunity to explore a topic further
- **Graphics**, whenever possible, to **help illustrate** and break down an idea or concept

How Should You Use This Training?

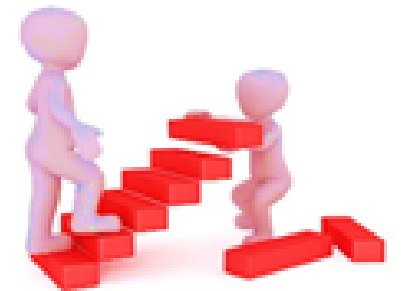
The training is self-paced – go at your own speed!

It can be done from the comfort of your own home

Complete the modules in order

We suggest going through one module at a time - the time estimate for each module is listed at the beginning of the module

At the end of each module there are review questions to see how much you have learned - *you can do the review questions as many times as you want*



What Will We Cover In This Training?

Module 1: What it Means to be a Patient or Caregiver Investigator	Overview of what you might do as an active research team member
Module 2: Building Confidence	Your personal experience is important!
Module 3: Types of Research	Why do we do research? Matching a research type to a research question and understanding types of research studies
Module 4: Designing, Doing and Sharing a Research Study	Phases and steps of a research study
Optional Module: Overview of Statistical Analysis	Learning about ways to analyze or make sense of the information we collect in a study
Module 6: Key Types of Study Documents	Example of documents you might review as part of a research team
Module 7: Protections for Research Participants	Learning about why and how we have learned to protect the rights and privacy of people in research studies (participants/human subjects)
Module 8: Overall Assessment	Final review questions
Module 9: Conclusion	Key points and highlights



Who Do I Contact if I Have Questions About this Training?

We are here to help! If you have any questions, please email BRIDGE@copdfoundation.org



LINKS TO KEY RESOURCES FOR THE INTRODUCTION MODULE

Below is a table with links to key resources and information that you might find useful

Takeaway Documents	<ul style="list-style-type: none">• Training Outline – Click here
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NEXT STEPS – LET'S GET STARTED!

Congratulations! You are now ready to go to Module 1!

When you are ready, please go on to ***Module 1 – What It Means to Be a Patient/Caregiver Investigator.***

You don't have to do this right away – you can do it when you have time.

